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**City of Hialeah**  
**For Immediate Release**

# Press Release

## Hialeah Children Participate in FREE youth cooking and nutrition classes at Le Cordon Bleu College of Culinary Arts

**Hialeah, Florida** – Mayor Carlos Hernandez, the esteemed City Council announce the commencement of youth cooking and nutrition classes at Le Cordon Bleu College of Culinary Arts.

As a result of a the City of Hialeah's partnership with Le Cordon Bleu in Miramar, students ages 12-17 have the opportunity to participate in a free series of cooking classes which take place every six weeks at Le Cordon Bleu. The program targets children from our City Parks & Recreation and Education & Community Services programs. Each participant will receive a complimentary apron and the opportunity to learn from Master Chefs. The goal of the program is to inspire our youth to take an active role in their daily nutritional needs and encourage them to consider a career in the culinary arts.

**"In support of our *Hialeah Healthy Families* city-wide initiative, we will continue to find different ways of educating our youth on nutrition and healthy eating in order to minimize childhood obesity and help them develop healthy lifestyles," says Mayor Hernandez.**

This program is made possible by a grant from the Walmart Foundation & the National Recreation and Parks Association.

**Date & Time:** Thursday, June 28 from 5:00 – 7:30pm

**Location:** Le Cordon Bleu College of Culinary Arts  
3221 Enterprise Way Miramar FL, 33025

**For more information please call William Sanchez at 786-473-6489.**